

Curriculum

CONTENT AREA:	HEALTH	GRADE LEVEL:	2
MLR CONTENT STANDARD:	A. HEALTH CONCEPTS: Students will understand health promotion and disease prevention concepts.		
MANDATED COMPREHENSIVE SCHOOL HEALTH EDUCATION CONTENT AREAS			
(1) Nutrition Ed. (2) Pers. Health	(3) Family Life Education (4) Growth & Development	(5) Safety & Accident Prevention (6) Consumer Health	(7) Substance Use & Abuse (8) Community Health
			(9) Environmental Health (10) Prevention & Control of Disease & Disorders
MLR PERFORMANCE INDICATORS	WSD BENCHMARKS	INSTRUCTION LEVEL	HEALTH CONTENT AREA
			COMMON ASSESSMENT
<i>Instruction Levels: I = Introduced; R = Reinforced; E = Evaluated through a Documented Classroom Activity; D = District Common Assessment</i>			
A1	Describe the importance of environmental health on personal health.	R	(9)
A2	Explain why frequent hand washing prevents the spread of communicable disease.	R, D	(10)
			<i>Germ Busters</i>
A3	Demonstrate an understanding of basic health terms relating to danger of drugs and alcohol.	I	(7)
A3	Explain why tobacco use is harmful to health.	R	(7)
A3	Explain what second-hand smoke is and why it is unhealthy to breathe.	R	(10)

*Codes indicate the highest instructional level of that grade level and may include an earlier level of instruction.

Curriculum

CONTENT AREA:	HEALTH			GRADE LEVEL:	2										
MLR CONTENT STANDARD:	B. HEALTH INFORMATION, SERVICES, AND PRODUCTS: Students will know how to acquire valid information about health issues, services, and products.														
MANDATED COMPREHENSIVE SCHOOL HEALTH EDUCATION CONTENT AREAS															
<table border="0" style="width: 100%;"> <tr> <td>(1) Nutrition Ed.</td> <td>(3) Family Life Education</td> <td>(5) Safety & Accident Prevention</td> <td>(7) Substance Use & Abuse</td> <td>(9) Environmental Health</td> </tr> <tr> <td>(2) Pers. Health</td> <td>(4) Growth & Development</td> <td>(6) Consumer Health</td> <td>(8) Community Health</td> <td>(10) Prevention & Control of Disease & Disorders</td> </tr> </table>						(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health	(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders
(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health											
(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders											
MLR PERFORMANCE INDICATORS	WSD BENCHMARKS	INSTRUCTION LEVEL	HEALTH CONTENT AREA	COMMON ASSESSMENT											
<i>Instruction Levels: I = Introduced; R = Reinforced; E = Evaluated through a Documented Classroom Activity; D = District Common Assessment</i>															
B1	Identify who is a community health leader.	R	(8)												

*Codes indicate the highest instructional level of that grade level and may include an earlier level of instruction.

Curriculum

CONTENT AREA:	HEALTH			GRADE LEVEL:	2										
MLR CONTENT STANDARD:	C. HEALTH PROMOTION AND RISK REDUCTION: Students will understand how to reduce their health risks through the practice of healthy behaviors.														
MANDATED COMPREHENSIVE SCHOOL HEALTH EDUCATION CONTENT AREAS															
<table border="0" style="width: 100%;"> <tr> <td>(1) Nutrition Ed.</td> <td>(3) Family Life Education</td> <td>(5) Safety & Accident Prevention</td> <td>(7) Substance Use & Abuse</td> <td>(9) Environmental Health</td> </tr> <tr> <td>(2) Pers. Health</td> <td>(4) Growth & Development</td> <td>(6) Consumer Health</td> <td>(8) Community Health</td> <td>(10) Prevention & Control of Disease & Disorders</td> </tr> </table>						(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health	(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders
(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health											
(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders											
MLR PERFORMANCE INDICATORS	WSD BENCHMARKS	INSTRUCTION LEVEL	HEALTH CONTENT AREA	COMMON ASSESSMENT											
<i>Instruction Levels: I = Introduced; R = Reinforced; E = Evaluated through a Documented Classroom Activity; D = District Common Assessment</i>															
C3	Choose healthy foods and plan healthy meals.	R	(1)												
C4	Demonstrate a variety of safety skills as a pedestrian, riding the bus, when riding a bike, and during a fire.	R, E	(5)												
C5	Express anger, or being excited, in a nonaggressive manner.	I	(2)												
C5	Practice identifying how they feel in different situations.	I	(2)												

*Codes indicate the highest instructional level of that grade level and may include an earlier level of instruction.

Curriculum

CONTENT AREA:	HEALTH			GRADE LEVEL:	2										
MLR CONTENT STANDARD:	D. INFLUENCES ON HEALTH: Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.														
MANDATED COMPREHENSIVE SCHOOL HEALTH EDUCATION CONTENT AREAS															
<table border="0" style="width: 100%;"> <tr> <td>(1) Nutrition Ed.</td> <td>(3) Family Life Education</td> <td>(5) Safety & Accident Prevention</td> <td>(7) Substance Use & Abuse</td> <td>(9) Environmental Health</td> </tr> <tr> <td>(2) Pers. Health</td> <td>(4) Growth & Development</td> <td>(6) Consumer Health</td> <td>(8) Community Health</td> <td>(10) Prevention & Control of Disease & Disorders</td> </tr> </table>						(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health	(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders
(1) Nutrition Ed.	(3) Family Life Education	(5) Safety & Accident Prevention	(7) Substance Use & Abuse	(9) Environmental Health											
(2) Pers. Health	(4) Growth & Development	(6) Consumer Health	(8) Community Health	(10) Prevention & Control of Disease & Disorders											
MLR PERFORMANCE INDICATORS	WSD BENCHMARKS	INSTRUCTION LEVEL	HEALTH CONTENT AREA	COMMON ASSESSMENT											
<i>Instruction Levels: I = Introduced; R = Reinforced; E = Evaluated through a Documented Classroom Activity; D = District Common Assessment</i>															
D1	Recognize different types of ads and their purpose.	I	(6)												
D2	Identify healthy, safe, and legal ideas that are supported by the family.	R, E	(3)												

*Codes indicate the highest instructional level of that grade level and may include an earlier level of instruction.

Curriculum

CONTENT AREA:	HEALTH	GRADE LEVEL:	2
MLR CONTENT STANDARD:	F. DECISION-MAKING AND GOAL SETTING: Students will learn how to set personal goals and make decisions that lead to better health.		
MANDATED COMPREHENSIVE SCHOOL HEALTH EDUCATION CONTENT AREAS			
(1) Nutrition Ed. (2) Pers. Health	(3) Family Life Education (4) Growth & Development	(5) Safety & Accident Prevention (6) Consumer Health	(7) Substance Use & Abuse (8) Community Health
			(9) Environmental Health (10) Prevention & Control of Disease & Disorders
MLR PERFORMANCE INDICATORS	WSD BENCHMARKS	INSTRUCTION LEVEL	HEALTH CONTENT AREA
			COMMON ASSESSMENT
<i>Instruction Levels: I = Introduced; R = Reinforced; E = Evaluated through a Documented Classroom Activity; D = District Common Assessment</i>			
F1	Set goals to be physically active with help from a family member or teacher.	R, E	(2)
F2	Set a short-term personal health goal using log sheets to include: brush teeth daily, eat 5-A-Day, drink milk and water, be physically active, ask for help, get 8 hours of sleep, wash hands.	I, E	(2)

*Codes indicate the highest instructional level of that grade level and may include an earlier level of instruction.